

## May 2015 – Exhibition, Artists in Momentum – CMAC Dojo, Mississauga

*“Bun-bu-ichi” “The Brush and the Sword are one”* a show all about the manifestation of the human core: liberation and awakening of the spirit through creative expression. Whether through the *“Visual”* or *“Martial”* arts, the exhibition was a powerful expression of belief that the human spirit is the creative power behind all forms of art. The event captured the powerful movement of the spirit, through *‘Bun-bu-ichi’ – The Brush and Sword are One.*

*“Bun-bu-ichi” “The Brush and the Sword are one”*

The sword, an offensive and defensive weapon, took on renewed context in the exhibition as a symbol of the spirit very similar to the power of the paint brush. Attendees were invited to witness and experience powerful and artistic demonstrations of both the sword and the brush. Performances by Jason Bassels, martial artist and Nedi Gavrilu, artist, in real time, epitomized the freedom of the human spirit.

Guest of Honour Hanshi Wallace Platt, 10th Dan, Founder and Head Instructor of Classical Martial Arts Canada and head instructor of the Honbu Dojo, kicked off the exclusive, by invite only evening with emcee Lorraine Bradshaw, Vice-President, Partnerships, LANG Marketing Network. *“The force of the Spirit is the creative principle of the universe, moving us forward with no exceptions. The ability to tap into this great cosmic intelligence in its purest form can only be done through the arts. The theme of this show is its very essence. The brush and the sword act as conduits of the spirit, manifesting reality in its purest form.”* said Hanshi Wallace Platt.

AIM 2015 launched new artists new artists Shobha Wagley and Jason Bassels while showcasing unique pieces from artists Nicolae (Nedi) Gavrilu, Rachel Silgado, Aaron Estrada, Ryan Monteath, and Anna Silgado. *“It all comes back to mental wellness, nurturing the visual and martial artist we encourage the human spirit in its purest form. For me, the sword is symbolic of the spirit of God. It penetrates our very core. We cannot hide from it. Our hearts and minds have to be sensitive in recognizing this incredible force which judges our thoughts and manifests our attitudes, making us who we are.”* said Anna Silgado, Founder, Artists in Momentum. *“Our goal this year is to build on the platform established last year, creating a safe, non-judgemental and welcoming space, giving a ‘hand-up’, helping artists release their innate talent while promoting mental health through self-expression.”*